

# LEADERSHIP & MANAGEMENT

Presented by:



In partnership with:



UNIVERSITY  
OF MANITOBA

Extended Education

QNET  
Suite 660  
175 Hargrave Street  
Winnipeg, MB, R3C 3R8  
Phone: 204-949-4999  
Fax: 204-949-4990  
mail@qnet.ca  
www.qnet.ca

## Emotional Intelligence

Thursday, November 7, 2019 – 8:15 a.m. to 4:15 p.m.

Location: QNET – Suite 660, 175 Hargrave Street, Winnipeg

Research shows that Emotional Intelligence (EI) can be twice as important as IQ and technical skills in determining who will become a top performer. Synonymous with great leadership, EI is best defined as the ability to manage ourselves and relate to others.

Emotionally intelligent people form strong relationships, communicate effectively, are authentic, develop trust, and cope effectively in difficult circumstances. Find out if you have it, why you need it and how to develop it!

### This workshop will include:

- What is emotional intelligence (EI) and why should I be interested in it?
- The case for self-awareness and self-management: Don't be one of the "smart" people who fail.
- What is the connection to effective leadership?
- Review the 15 skills for success and complete a subjective analysis of your emotional intelligence using the EQ-i 2.0 model.
- Determine how EI can be used for leadership development, personal development, performance management, coaching, building high performing teams, selection, retention and career development.
- Receive the results of the EQ-i 2.0 Inventory. You are not required to share the details of the report in the session.
- Review tools and strategies to enhance your emotional intelligence and develop your career.

The EQ-i 2.0 brings you the most advanced and thoroughly researched measure of emotional intelligence in the assessment industry, yielding more powerful insights than before.

### Facilitator:

Heather Erhard, BSW, CMC, CPCC, PCC, ROCC, is the founder and Director of Erhard Associates, a management consulting, coaching and training firm dedicated to enhancing individual, team and organizational effectiveness. She brings over 25 years of experience in leadership development, strategic planning, team building, facilitation and executive coaching. She is known for her ability to clearly identify clients' needs and provide a practical results oriented approach. Heather has taught at the University of Manitoba, the University of Winnipeg and Queen's University. Her passion is coaching individuals and groups to the next level of success.

### This workshop is:

- A core course in the 70 credit hour QNET Certificate in Management Development (CMD).
- Eligible for credit in the CAM:OE (Certificate in Applied Management: Organizational Effectiveness) in partnership with the University of Manitoba, Continuing Education.
- Presented by QNET in partnership with APICS, Food and Beverage Manitoba, Manitoba Aerospace, MPIA, and Manitoba Education and Training.

**Fee\*:** (includes light lunch, and the EQ-I 2.0 questionnaire @ \$80, which is required for the course)

- \$479.00 + GST for Members of: QNET, APICS, Food & Beverage MB, MB Aerospace, MPIA
- \$549.00 + GST for Non-Members

\* NOTE: Special rate if you register for all 5 CMD core courses. Visit [qnet.ca](http://qnet.ca) for details.

**REGISTER ONLINE at [www.qnet.ca](http://www.qnet.ca)**