

WORKPLACE WELLNESS

QNET and the Canadian Mental Health Association, Manitoba Division present:

MENTAL HEALTH WORKS:

Complex Issues. Clear Solutions Workshop *for front line managers and supervisors*

Thursday, March 26, 2009 - 9:00 a.m. to 4:00 p.m.

This full-day, two time national award winning workshop will enable managers to deal with the complex issues of:

- Discussing mental illness with employees – Separating performance issues from health issues.
- Creating accommodation strategies that work – Avoiding discrimination and human rights violations.

The workshop will be delivered by a nurse with occupational health experience and a CMHA staff member specializing in mental health issues. Both are certified Mental Health Workers trainers.

Improve success rates!

Clients have experienced the following benefits as a result of Mental Health Works training: reduced absenteeism rates, shortened disability times, successful return-to-work, and managers who are much more comfortable managing emotionally distraught employees. Discussions and exercises allow participants to reflect on specific workplace situations related to mental health and develop appropriate and clear solutions.

Remarks from managers who have attended a Mental Health Works workshop – what they valued most:

- Insight on identifying mental health issues at early stages.
- Methods used to discuss workplace employee problems.
- Tools offered on how to deal effectively with mental illness; understanding of how “real” it is.
- The interaction with the group – learning from one another.

PRESENTED IN PARTNERSHIP WITH: Industry Workforce Development, Manitoba Competitiveness, Training and Trade

REGISTER NOW - Fax this form to (204) 949-4990 or [CLICK HERE](#) to register online
QNET 303-171 Donald St., Wpg, MB, R3C 1M4, ph 204-949-4999, fax 204-949-4990, mail@qnet.mb.ca, www.qnet.mb.ca

Name _____ Title _____

Organization _____ City _____

Ph _____ Fax _____ Email _____

Fee: \$250.00 + GST Payment method: VISA AMEX MasterCard Cheque Enclosed

Card # _____ Expiry _____

Cardholder name _____ Signature _____

Participants will receive location/ final details about 3 days prior to session; please contact QNET if you do not receive this information. Cancellations must be received in writing no later than 6 business days prior to the course. After that time, the full registration fee will apply and only replacement participants will be accepted. Invoices will be sent for non-attendance. G.S.T. Reg # 899755334RT.

