

The Manitoba Quality Network presents:  
**A Workplace Wellness Networking Opportunity**

Wednesday, January 14, 2004  
3:00 p.m. to 4:30 p.m.



## Elements of a Healthy Workplace



In 2001, the Occupational Health Centre organized a visioning and planning meeting to share experiences with workplace stress and to develop a vision of healthier workplace practices. This meeting led to the development of the Workplace Stress Initiative. Since then, this Initiative has been meeting on a regular basis to share information and develop strategies for reducing workplace stress.

The Occupational Health Centre is a community health centre specializing in workplace safety and health. The Centre is funded by the Winnipeg Regional Health Authority.

Diane Gagnon and Karen Hamilton will provide an overview of the Elements of a Healthy Workplace, share some of the Occupational Health Centre resources, and highlight the work of the Workplace Stress Initiative.

Presented in partnership with:



**Presenters:** Diane Gagnon, Occupational Health Nurse

Karen Hamilton, Health Educator

Occupational Health Centre

**Location:** Occupational Health Centre

Union Centre, 275 Broadway, corner of Smith Street & Broadway

(Parking lot on Smith Street behind the Union Centre; if full, hourly parking in lot on Smith Street or Gary Street.)

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### Registration Form

Please send a separate form for each registrant—make as many copies as you need.  
Register early—space is limited.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Title \_\_\_\_\_ Fax \_\_\_\_\_

Organization \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Prov \_\_\_\_\_ Postal code \_\_\_\_\_

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**Fax to (204) 949-4990 OR register on line at [www.qnet.mb.ca](http://www.qnet.mb.ca).**